

# Hyperhomocysteinemia in acute *Plasmodium falciparum* malaria: an effect of host–parasite interaction

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## Abstract

**Background:** *Plasmodium falciparum* utilises the polyamine pathway, essential in proliferation and differentiation, and imposes an oxidative stress on host cell, enhancing the loss of glutathione. **Methods:** Standard hematological parameters were determined in 40 black African subjects with acute *P. falciparum* malaria, 30 aged 5–24 months, 5 aged 4–10 years and 5 aged 19–35 years. Plasma homocysteine, cysteine, glutathione and cysteinylglycine levels were measured by HPLC method. Twenty-eight healthy black children (15 aged 6–24 months and 13 aged 3–10 years) and 20 healthy black adults (aged 20–40 years) were also included as controls. **Results:** Plasma homocysteine levels were higher in all subjects with *P. falciparum* malaria and correlated positively with the disease severity and number of parasites, but negatively with Hb levels and patient ages. Cysteine level was found higher in all patients and markedly higher in 4–10 year old patients. Cysteinylglycine level was found lower particularly in 19–35 year old patients. Glutathione level was significantly lower in all patients. **Conclusions:** The elevated level of homocysteine during acute *P. falciparum* infection suggests an imbalance in the folate cycle, which could be a consequence of the reduced availability of NADPH and Vit B<sub>12</sub>, caused by increased oxidative stress. This may suggest a selection for the C677T MTHFR allele, driven by *P. falciparum* in sub-Saharan regions. Hence Hcy level could be useful as a predictive parameter of severity, as well as of treatment efficacy.

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**Keywords:** Hyperhomocysteinemia; *Plasmodium falciparum* malaria

**Abbreviations:** Hcy, homocysteine; SAM, *S*-adenosylmethionine; SAH, *S*-adenosyl homocysteine; CBS, cystathionine beta synthase; ODC, ornithine decarboxylase; AdoMetDC, *S*-adenosylmethionine decarboxylase; SAHH, *S*-adenosylhomocysteine hydrolase; MTHFR, methyltetrahydrofolate reductase; Hb, haemoglobin; HPLC, high-pressure liquid chromatography; CMSC, Centre Medical Saint Camille.

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## 1. Introduction

Homocysteine (Hcy) is a sulphur-containing amino acid that it is not found in structural proteins. The biological role of Hcy has been extensively studied in human [1]. In the methionine cycle, Hcy constitutes the intersection of two pathways, known as remethylation and trans-sulphuration [2].

In remethylation, Hcy acquires a methyl group from  $N^5$ -methyltetrahydrofolate or, alternatively, from betaine, to generate methionine (Fig. 1). Methionine synthase, which requires vitamin B<sub>12</sub> as a cofactor, catalyses the reaction with  $N^5$ -methyltetrahydrofolate, while the reaction with betaine is catalysed by the enzyme betaine-homocysteine methyltransferase, which is vitamin B<sub>12</sub>-independent

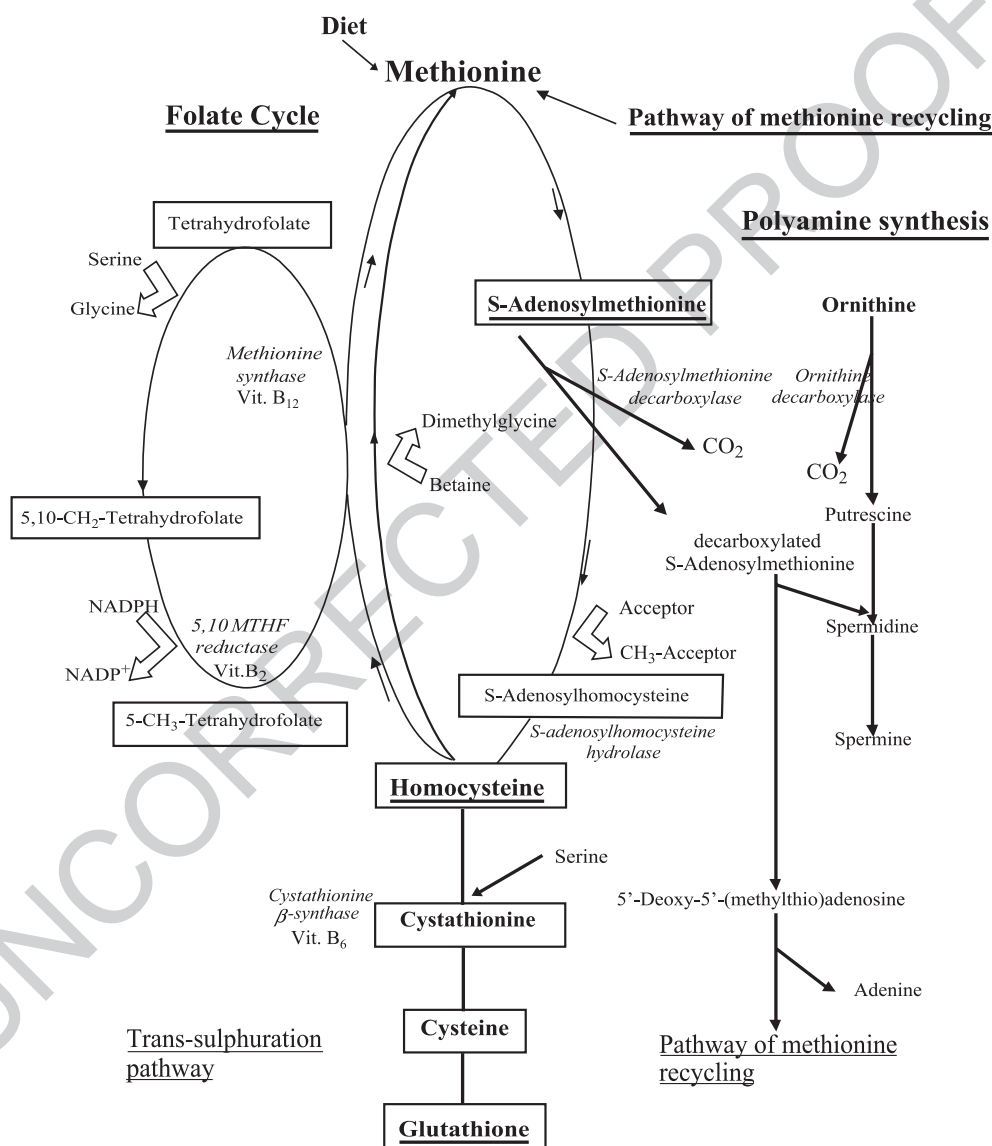


Fig. 1. Homocysteine and polyamine pathways in *P. falciparum* malaria.

dent. A considerable amount of methionine is then activated by ATP to form *S*-adenosylmethionine (SAM), which represents a universal methyl donor to a variety of DNA, RNA, protein, phospholipid and neuromediator substrates. *S*-Adenosylhomocysteine (SAH), produced in these transmethylation reactions, is hydrolysed to generate Hcy, which becomes available to start a new cycle. Since the hydrolysis is a reversible reaction that favours the synthesis of SAH, elevated levels of Hcy are always associated with elevated SAH concentrations [3].

In the trans-sulphuration pathway (Fig. 1), the cystathionine beta-synthase (CBS) mediates the condensation of Hcy with serine to form cystathionine, which is then hydrolyzed to cysteine. This pathway provides an effective route to transform the excess Hcy that can be utilised for glutathione synthesis.

The methionine metabolism has, through SAM, a link to the metabolism of polyamines, ubiquitous compounds, which play an important role in cell proliferation and differentiation. In fact SAM, by a methyl group transfer, generates SAH. In an alternative pathway, SAM undergoes decarboxylation and then, transferring an aminopropyl residue to putrescine, gives rise to spermidine and then spermine (Fig. 1). Ornithine decarboxylase (ODC) and *S*-adenosylmethionine decarboxylase (Ado-MetDC) are the enzymes involved in the above-mentioned decarboxylation processes and are the rate-limiting enzymes in the polyamine biosynthesis [4].

The complexity of the Hcy and methionine metabolic pathways and the perfect balance required for the correct function of this metabolic cycle may be strongly influenced by the presence of *Plasmodium falciparum* malaria. In fact, the parasite utilises the polyamine metabolism, which is essential for its growth, and causes drastic changes in the glutathione level of its host cell [5].

The aim of this study was to investigate if *P. falciparum* malaria affects the levels of plasma Hcy and of other three thioles (cysteine, cysteinylglycine and glutathione) and if the levels of plasma thioles correlate with the severity of the malaria infection.

## 2. Materials and methods

### 2.1. Place of study

The study was made in the city of Ouagadougou (Burkina Faso), which is situated in a meso-endemic area of *P. falciparum* malaria, at the centre of the country, with an intense seasonable occurrence of malaria, from July to October. In this country, *P. falciparum* malaria is a major cause of morbidity and mortality in children <5 years (38.5%, all causes). Hyperendemic, perennial transmission peaking from August to October (>90% *P. falciparum*, 1% *P. malariae*). Primary malaria vectors are *A. gambiae* and *A. funestus* (150 infective bites/year). Children with *P. falciparum* malaria and control subjects were evaluated and enrolled at the local Centre Medical Saint Camille (CMSC) of Ouagadougou, the capital of Burkina Faso. The protocol of this study was reviewed and approved by the Ethic Committee of the CMSC. Informed consent was obtained from parents of study participants, if younger than 10 years or from study participants themselves.

### 2.2. Diagnosis and classification of cases

Thirty children affected by acute malaria, aged 5–24 months, 5 boys, affected by acute malaria, aged 4–10 years, 5 adults, affected by acute malaria, aged 19–35 years were enrolled during the month of October 2002 at the CMSC of Ouagadougou, 18 were males and 22 females. Inclusion and classification of each patient were based on the symptoms, physical signs and laboratory findings of malaria at the time of the first presentation.

*Severe malaria* (complicated) was established by microscopic confirmation of asexual parasites in the peripheral blood and at least one of the following clinical and physical signs, according to the WHO criteria: evidence of neurological involvement (prostration, lethargy), gastrointestinal symptoms, severe anemia (Ht <20%, Hb <6 g/dl), hyperparasitemia corresponding to  $E_p > 2.5 \times 10^5$  or >2.5% in non-immune subjects, hypoglycemia (serum glucose less than 2.2 mmol/l corresponding to 40 mg/dl), acidosis with respiratory distress, oliguria, cardiovascular shock, jaundice, diffuse hemorrhages.

141 *Mild malaria* (uncomplicated) was established by  
142 microscopy confirmed parasitemia of  $E_p < 2.5 \times 10^5$   
143 or  $< 2.5\%$  with fever, headache, myalgias, without  
144 any finding of severe malaria.

145 Patients with mild malaria were treated with chlo-  
146 roquine at the dosage of 10 mg/kg for 2 days, then 5  
147 mg/kg for another day. Patients with severe malaria  
148 were placed under intravenous treatment with glucose  
149 5%, including quinine dichlorhydrate at the dosage  
150 20 mg/kg in 4 h as charge dose then, after an interval  
151 of 4 h of saline infusion, the dosage was reduced at  
152 10 mg/kg for 2 cycles with an interval of 4 h with  
153 saline, according to the official therapeutic protocol  
154 of local "Programme National de Lutte contre le  
155 Paludisme" (PNLP). At the end, a treatment with  
156 quinine for 7 days or chloroquine for 3 days was  
157 started.

158 Twenty-eight healthy black children (15 aged 6–  
159 24 months and 13 aged 3–10 years) and 20 healthy  
160 black adults (aged 20–40 years) were also included as  
161 controls.

### 163 2.3. Methods

164 Standard hematological parameters were deter-  
165 mined in each patient. For parasitemia quantification  
166 blood smears, stained by standard May Grunwald  
167 Giemsa, were observed, whereas tick-smear tech-  
168 nique was preliminarily used for the diagnosis of  
169 malaria. The blood samples were collected in sterile  
170 tubes containing EDTA. All the samples were centri-  
171 fuge and the plasma were frozen at  $-40^\circ\text{C}$  and  
172 then sent to the Department of Clinical Biochemis-  
173 try, Catholic University of Rome, Italy, for the  
174 determination of plasma Hcy, cysteine, cysteinylgly-  
175 cine and glutathione. HPLC method separates in the  
176 same run all thioles [6], giving simultaneous infor-  
177 mation on Hcy metabolism and trans-sulphuration  
178 route.

### 180 2.4. Statistics

181 Data were presented as mean  $\pm$  standard deviation.  
182 Statistical comparison of Hcy and other thiol concen-  
183 trations among samples of all groups were performed  
184 using paired and unpaired Student's *t*-test or Mann–  
185 Whitney test when appropriate, considering statisti-  
186 cally significance at  $P < 0.05$ . All computations were

made using the SPSS-10 program for Windows. 187  
Sensitivity, specificity, positive predictive value and 188  
negative predictive value of thioles as parameters to 189  
predict disease severity and outcome were calculated. 190  
A multivariate analysis was made considering severe 191  
and mild malaria or Hb as dependent variables. Age, 192  
parasitemia and thioles were considered as indepen- 193  
dent variables. 194

## 195 3. Results

196 **Table 1** reports the clinical and hematological 196  
parameters of studied subjects affected by acute *P.* 197  
*falciparum* malaria and relative controls. Fifteen chil- 198  
dren (group 1) showed a hemoglobin level below 6 g/ 199  
dl, an elevated degree of parasitemia ( $365,000/\mu\text{l}$ , 200  
range  $2.5\text{--}5.0 \times 10^5$ ) and are considered affected by 201  
*severe malaria*. Other 15 children (group 2) did not 202  
show severe alteration in the haematological parame- 203  
ters and the disease was considered uncomplicated. 204  
The levels of Hb in this second group of children were 205  
medially comparable with those of patients belonging 206  
to the groups 3 and 4 and the parasitemia degree was 207  
below  $2.5 \times 10^5/\mu\text{l}$  in all patients. The levels of 208  
plasma Hcy were higher in all subjects (children and 209  
adults) with *P. falciparum* malaria, especially in 5–24 210  
month old patients (group 1). These values correlate 211  
positively with the severity of disease, number of 212  
parasites and correlate negatively with the Hb levels 213  
and the ages of the subjects. There was a significant 214  
difference in the Hcy level between children with 215  
*severe* and *mild* malaria. Cysteine was higher in all 216  
patients, whereas cysteinylglycine was lower in 19– 217  
35 year old patients, compared with the data of the 218  
control groups (**Table 1**). Glutathione level was found 219  
significantly lower in all subjects affected by acute 220  
malaria. The correlation between Hcy and cysteine 221  
was not significant ( $r^2 = 0.06$ ), suggesting that the 222  
trans-sulphuration is variably influenced by the pres- 223  
ence of the parasite. The correlation between plasma 224  
Hcy level and severity of malaria was found signifi- 225  
cant at  $P < 0.001$  in the 5–24 months group of patients 226  
(n. 30). However, the correlation between Hcy and 227  
severity of malaria was not calculated in the 4–10 228  
years (n. 5) and 19–35 years (n. 5) groups because of 229  
the reduced number of patients. The correlation 230  
between Hcy and Hb was significant ( $r^2 = 0.35$ , 231

t1.1 Table 1

t1.2 Values of Hb, parasitemia, homocysteine and other thioles in 30 children, 5 boys and 5 adults with *P. falciparum* malaria and in relative controls according to the age

t1.3	Group	Patients (N)	Age, median (range)	Hb (g/dl)	Parasitemia ( $\mu$ l)	Homocysteine ( $\mu$ mol/l)	Cysteine ( $\mu$ mol/l)	Cysteinylglycine ( $\mu$ mol/l)	Glutathione ( $\mu$ mol/l)
t1.4	1	15	9.7 (5–24) <sup>^</sup> months	4.9 $\pm$ 1.2* $\pounds$	345,000* (250–500,000)	18.3 $\pm$ 8.3* $\pounds$	123.5 $\pm$ 25.9 $\pounds$	25.3 $\pm$ 13.5	1.5 $\pm$ 1.3* $\pounds$
t1.5	2	15	14.8 (6–24) months	7.4 $\pm$ 1.1* $\pounds$	165,000 (100–250,000)	16.4 $\pm$ 7.3* $\pounds$	132.3 $\pm$ 23.7 $\pounds$	26.4 $\pm$ 14.6	2.5 $\pm$ 1.2 $\pounds$
t1.6	3	5	8.4 (4–10) years	9.5 $\pm$ 1.9 $\pounds$	144,000 (90–200,000)	12.3 $\pm$ 8.8 $\pounds$	135.6 $\pm$ 22.0 $\pounds$	31.9 $\pm$ 20.3	2.3 $\pm$ 1.1 $\pounds$
t1.7	4	5	27.2 (19–35) years	11.1 $\pm$ 3.5 $\pounds$	176,000 (120–245,000)	16.3 $\pm$ 9.4 $\pounds$	122.1 $\pm$ 23.0 $\pounds$	21.5 $\pm$ 8.1 $\pounds$	1.5 $\pm$ 1.5 $\pounds$
t1.8	5	Controls, 15	12.4 (6–24) months	12.2 $\pm$ 2.3	–	5.9 $\pm$ 1.9	95.0 $\pm$ 14.4	34.3 $\pm$ 12.9	4.2 $\pm$ 0.95
t1.9	6	Controls, 13	7.0 (3–10) years	12.2 $\pm$ 2.3	–	6.5 $\pm$ 1.7	95.7 $\pm$ 12.6	35.5 $\pm$ 11.8	4.2 $\pm$ 0.79
t1.10	7	Controls, 20	29.7 (20–40) years	14.2 $\pm$ 2.5	–	6.9 $\pm$ 1.3	96.3 $\pm$ 13.0	37.1 $\pm$ 10.0	4.3 $\pm$ 0.75

t1.11 1 versus 2: <sup>^</sup> $P=0.027$ ; \* $P<0.001$ ;  $\pounds P=0.037$ ; patients versus healthy controls:  $\pounds P<0.001$ ;  $\pounds P=0.003$ ;  $\pounds P=0.004$ ;  $\pounds P=0.03$ .

232  $P<0.001$ ) in 5–24 months children (Fig. 2). The  
233 correlation between Hcy and age and between Hcy  
234 and parasitemia was also significant ( $P<0.001$ ) in the  
235 5–24 months children. Notably, the value of hyper-  
236 homocysteinemia as a parameter to predict disease  
237 severity gave a sensibility of 100%, a specificity of  
238 97%, a positive predictive value of 97%, a negative  
239 predictive value of 100%, when 5–24 months chil-

240 dren were considered. Including all the patients in the  
241 same analysis, the sensibility decreased to 95%, the  
242 specificity to 92%, and the positive and negative  
243 predictive values to 91% and 96%, respectively.  
244 According to the multivariate analysis considering  
245 severity of malaria or Hb as dependent variable, the  
246 most sensitive parameter ( $P<0.001$ ) to predict ma-  
247 laria severity was plasma Hcy.

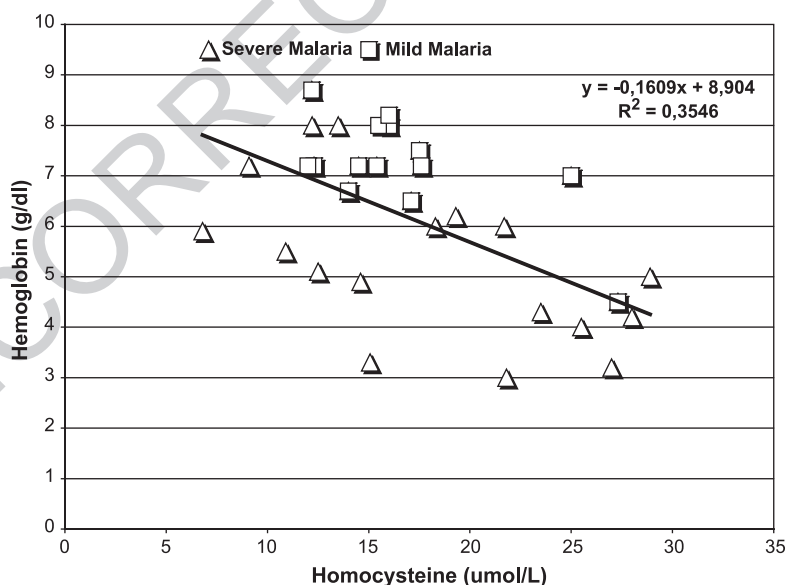


Fig. 2. Correlation between homocysteine and hemoglobin in 30 children with severe and mild malaria.

248 **4. Discussion**

249 The occurrence of high levels of polyamines in the  
250 *P. falciparum* or in other *Plasmodium*-infected cells is  
251 well documented in the literature [7]. In fact, HPLC  
252 analysis of the polyamines in *Plasmodium knowlesi*-  
253 infected erythrocytes versus normal erythrocytes  
254 showed a stage-dependent increment in the level of  
255 putrescine, spermidine and spermine. A significant  
256 increment of putrescine influx rate has been also  
257 documented during the trophozoite stage of malaria  
258 infection. This increment of putrescine stimulates the  
259 activity of erythrocyte AdoMetDC, activating poly-  
260 amine biosynthesis [8]. Since in the presence of *P.*  
261 *falciparum* malaria SAM is greatly utilised in the  
262 polyamine shunt, one should expect a decrement in  
263 the Hcy level, but our results show instead increased  
264 level of Hcy. This increase could be due to the  
265 oxidative stress exerted by the *P. falciparum* infection.  
266 The inactivation of methionine synthase, as a conse-  
267 quence of the oxidation susceptibility of its cofactor  
268 Vit B<sub>12</sub> [9] and the decreased level of NADPH,  
269 deactivate the folate cycle and then give rise to high  
270 level of Hcy (Fig. 1). The increment of Hcy, because  
271 of the reversible activity of *S*-adenosylhomocysteine  
272 hydrolase (SAHH), will result in an increase of SAH  
273 [3], which is both a product and an inhibitor of SAM-  
274 dependent transmethylation, determining a decrease  
275 of adenosine. SAM, in turn, will recycle methionine  
276 by means of the polyamine shunt, via 5'-deoxy-5'-  
277 (methylthio)adenosine (Fig. 1). On the other hand, the  
278 increase of SAM in malaria patients determines an  
279 increase of plasma cysteine, activating the trans-sul-  
280 phuration pathway, mediated by CBS [10].

281 Although the glutathione synthesis should be in-  
282 creased by a higher level of Hcy, our data show a very  
283 low glutathione concentration (Table 1). On the other  
284 hand, the oxidative stress due to *P. falciparum* para-  
285 sites determines a higher consumption of glutathione  
286 [5–11]. Clinical observations and experimental evi-  
287 dences reported in the literature show that glutathione  
288 plays a critical role for the defence of *P. falciparum*  
289 and its host cell against oxidative stress [12,13]. Other  
290 parasites such as *Giardia*, *Toxoplasma*, *Trichomonas*,  
291 etc., to protect themselves from oxidation stress,  
292 utilize, in addition to glutathione, the trypanothione,  
293 N<sup>1</sup>,N<sup>8</sup>-bis(glutathionyl) spermidine, produced through  
294 the polyamine route [14]. Also, *P. falciparum* could

295 synthesize a trypanothione-like compound, to com-  
296 pensate the reduced level of glutathione. In agreement  
297 with this hypothesis, Luersen et al. [5] demonstrated  
298 with HPLC analysis of thioles isolated from a culture  
299 of *P. falciparum*, in addition to the cysteine and  
300 glutathione peaks, a peak of an unidentified com-  
301 pound, which could be a trypanothione analogue. In  
302 accord with the increased consumption of glutathione,  
303 the plasma level of cysteinylglycine, a catabolic  
304 product of glutathione, was found lowered in our  
305 patients with acute malaria.

306 Since the folate pathway is determinant in Hcy  
307 remethylation (Fig. 1), an inhibition of the folate  
308 cycle, caused by the mutant allele C677T of MTHFR,  
309 could always be associated with an increment of Hcy.

310 This mutated allele is differently distributed in  
311 various geographic areas. In black African people  
312 living in the sub-Saharan regions, the frequency of  
313 C677T polymorphism is estimated to about 6–7%  
314 [15,16]. In other parts of the world, this percentage  
315 ranges from 35% to 40% [17,18] and the difference  
316 between the population of developed and underdevel-  
317 oped countries has been attributed to the folate defi-  
318 ciency [19]. In fact, the homozygous condition in  
319 underdeveloped countries would be associated with  
320 elevated frequency of miscarriage in the first month of  
321 pregnancy, which are responsible for the disappear-  
322 ance of C677T mutation. On the contrary, in developed  
323 countries the homozygous condition is associated only  
324 to defects of neural tube [20,21] and idiopathic deep  
325 venous thrombosis [22].

326 The interdependence between the *P. falciparum*  
327 malaria and the Hcy metabolism seems to be clearly  
328 demonstrated in this study by the elevated level of Hcy,  
329 suggesting another mechanism for the selection of  
330 C677T mutant allele. In fact, the subjects who are  
331 heterozygote for the C677T, in presence of *P. falcipa-*  
332 *rum*, could show a further increase of Hcy. If we  
333 consider that the parasite replicates in the red cell full  
334 of Hcy, this increase of Hcy could interfere positively  
335 with parasite metabolism. In fact, in such condition the  
336 reverse reaction of *P. falciparum* SAHH does not  
337 determine an increase of SAH such to damage the  
338 parasite metabolism, because the activity of *P. falcipa-*  
339 *rum* SAHH is more than 21-fold smaller in parasite  
340 than in human cells [23].

341 Therefore the heterozygote of the C677T mutant  
342 with higher Hcy level should be more disadvantaged

343 by the presence of *P. falciparum* and should die  
344 prematurely, while on the contrary the wild-type  
345 MTHFR allele maintains a protective role against  
346 malaria infection. This genetic characteristic (high  
347 frequency of wild-type MTHFR in African popula-  
348 tion) is sustained by the finding that the black popu-  
349 lation living in Burkina Faso shows lower levels of  
350 Hcy [24], as a consequence of selective advantage of  
351 the wild-type MTHFR gene.

352 This condition could result in a new balanced  
353 polymorphism, as was demonstrated for G6PDH  
354 deficiency, Hb S and Hb C, beta and alpha thalasse-  
355 mia in the same areas at high malaria endemicity. If this  
356 is true, the study of C677T MTHFR polymorphism in  
357 different geographic areas could allow the construc-  
358 tion of a gene frequency map of the effect that the  
359 presence of *P. falciparum* or of the folate deficiency  
360 has left in the genetic structure of underdeveloped  
361 population.

362 According to this model, some inhibitors of  
363 enzymes of polyamine biosynthesis, such as ODC,  
364 AdoMetDC and 5'-deoxy-5'-(methylthio)adenosine  
365 phosphorylase [25], or inhibitors of *S*-adenosylho-  
366 mocysteine hydrolase [23],  $\gamma$ -glutamylcysteine syn-  
367 thase [5] and trypanothione reductase [26] would  
368 represent new therapeutic strategies against malaria  
369 infection.

370 In conclusion, our results suggest that in course of  
371 *P. falciparum* malaria infection, the dosage of plasma  
372 Hcy level could be introduced as a predictive param-  
373 eter of severity, as well as of treatment efficacy.  
374 However, this strategy for the treatment of malaria  
375 appears suitable only in developed countries. In fact, it  
376 is difficult to introduce Hcy measurement as a marker  
377 of prognostic value in malaria in the so-called *third*  
378 *world countries*, which do not have the possibility of  
379 Hcy measurements. In these countries, the parasitemia  
380 and Hb measurement remain much more easy to  
381 determine, less expensive and more rapidly available.

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